

I, hereby agree to the following:

1. I am fully aware of the risks and hazards involved in practicing yoga and yoga-related modalities at Urban Jars St.Thomas Event Space, including in an outdoor climate.

2. I understand that it is my responsibility to consult with a physician prior to and regarding my participation in group or private heated yoga classes, workshops, and retreats offered by Urban Jars St.Thomas Event Space.

3. I represent and warrant that I am physically fit and I have no medical condition(s) that would prevent my full participation in group or private yoga classes, workshops and retreats offered by Urban Jars St.Thomas Event Space and that I have not, within the past 14-days, experienced any symptoms that could be associated with Coronavirus (COVID-19) or, to my knowledge, been close to anyone who was either known or suspected to have had symptoms that could be associated with COVID-19 during the same time period.

4. I will update Urban Jars St.Thomas Event Space as to any changes in my medical condition or contact with others with known or suspected exposure to COVID-19.

5. I will not enter the Urban Jars St.Thomas Event Space premises or participate in any yoga classes, workshops, and retreats offered by Urban Jars St.Thomas Event Space if I experience symptoms, or, to my knowledge, come in contact with anyone who was either known or suspected to have had symptoms within the past 14-days, associated with COVID-19 or any other sign of illness, including, without limitation, fever, chills, cough, shortness of breath, or sore throat, or if I have a suspected, or diagnosed or confirmed case of COVID-19.

6. I will take all appropriate actions required by Urban Jars St.Thomas Event Space, including but not limited to, (i) wearing a mask while on the Urban Jars St.Thomas Event Space premises if requested by any teacher, owner, or staff member of Urban Jars St.Thomas Event Space unless otherwise instructed; (ii) taking my own temperature before entering Urban Jars St.Thomas Event Space or permitting to have my temperature checked if necessary prior to participating in any yoga classes, workshops, or retreats offered by Urban Jars St.Thomas Event Space; and (iii) adhering to all personal hygiene guidelines and social distancing guidelines prescribed by Urban Jars St.Thomas Event Space and applicable public health guidelines, including staying at least six (6) feet away from all employees or participants.

7. If I have a body temperature above normal or any symptom that could be associated with COVID-19, I acknowledge that I will be asked to leave and not return until I have been COVID-19 symptom-free for at least 14 days. My signature and acceptance of this Agreement of Release and Waiver constitutes my consent to Urban Jars St.Thomas Event Space temperature monitoring policy and all other personal hygiene and social distancing policies prescribed by Urban Jars St.Thomas Event Space, which may be revised from time to time.

8. In consideration for being permitted to participate in group or private yoga classes, workshops and retreats provided by Urban Jars St.Thomas Event Space, I agree to assume full responsibility and, on behalf of myself and, to the extent permitted law, my spouse, heirs, executors, administrators, assigns, and other persons or entities acting or purporting to act on my behalf, hereby generally and completely release, acquit, and forever discharge and release Urban Jars St.Thomas Event Space its owners, officers, directors, employees, instructors and representatives (the Urban Jars St.Thomas Event Space parties) from any and all liability for any risks, illnesses, injuries or damages, known or unknown, which I might incur as a result of my participation, which shall include, but not be limited to, being exposed to, or contracting COVID-19. In further consideration thereof, I knowingly, voluntarily and expressly waive any claim I may have against the Urban Jars St.Thomas Event Space parties for any illnesses, injury or damages that I may sustain as a result of my participation.

9. I will not engage in any inappropriate conduct or conduct which is in violation of this Agreement of Release and Waiver which could result in injury or illness to myself or others.

10. In further consideration of my participation in classes offered by Urban Jars St.Thomas Event Space, I hereby release the Urban Jars St.Thomas Event Space parties from any and all liability related to any loss, theft or damage of any of my personal property from the Urban Jars St.Thomas Event Space premises.

11. I agree that this Agreement of Release and Waiver shall be governed by the laws of Southwold Township and if any conflict arises between me and Urban Jars St.Thomas Event Space, I will attempt to resolve the conflict in good faith through mediation before submitting my dispute to binding arbitration.

12. I acknowledge that Urban Jars St.Thomas Event Space is an independently owned and operated.

I have read the above release and waiver of liability and fully understand its contents and voluntarily agree to all of the terms and conditions: